

# e-NEWSLETTER

Rhythm-II, July 2023 December 2023



## Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow

Raebareli Road, Lucknow-226014 (U.P)

[www.sgpgims.org.in](http://www.sgpgims.org.in)



College of Nursing, SGPGIMS, Lucknow



College of Nursing, SGPGIMS

## Message Director, SGPGIMS

**Prof. R. K. Dhiman**  
MD, DM, FAMS, FACG, FRCP Edin.,  
FRCP London, FAASLD  
**Director**



**SANJAY GANDHI POSTGRADUATE  
INSTITUTE OF MEDICAL SCIENCES**  
RAEBARELI ROAD, LUCKNOW-226 014 (U. P.) INDIA



**Prof. R K Dhiman**  
Director, SGPGIMS

### MESSAGE

I wish to congratulate College of Nursing, Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS), Lucknow for its continuous growth and excellence in the field of nursing education. Nursing profession is not only limited to bedside nurses, nurses are technically independent and play vital role in patient care.

It makes me proud that the reputation of College of Nursing, SGPGIMS has gone far beyond the confines of the State and the Country. Over the years, College of Nursing, SGPGIMS has continued to grow and maintained its position at the forefront of the nursing institutions in the State.

College of Nursing, SGPGIMS is the rising star in academics adding more and more accolades to its cap. Becoming the "**Mentor Institute**" under the Mission Niramaya" launched by Government of Uttar Pradesh is a great achievement.

I am happy that e-newsletter is being published by College of Nursing for general information. I take this opportunity to wish College of Nursing, SGPGIMS very best for future endeavours.

(Radha Krishan Dhiman)

---

**Phone Office:** 91-0522-2668112 ; **PBX:** 2668004-08, 2668716-719 ; **Extn.:** 4001 (Reception)  
**Fax:** 91-0522-2668129, 2668017 & 2668078; **Mobile:** 8004901818 ; **E-mail:** [director@sgpgi.ac.in](mailto:director@sgpgi.ac.in) , [rkpsdhiran@gmail.com](mailto:rkpsdhiran@gmail.com)

## Message Dean, SGPGIMS



### संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow-226 014 (India)



**Shaleen Kumar**  
Dean, SGPGIMS

This is a truly exciting era in the development of the health sector and especially in the field of nursing. We have also been adding new, cutting-edge elements to our curriculum during the past several years, including essential advanced nursing skills, and this rising graduation rate in the College has afforded us the opportunity to send into the health sector greater numbers of skilled nurses each year who have both the advanced nursing and social skills needed to thrive in the competitive world.

Our strategy for ensuring that our college remains well-positioned to maintain its phenomenal growth includes attracting world-class faculty, expanding our Honors tracks, and continuing to renew our teaching, with an eye toward elevating one or more evidence-based nursing research to the national level.

We look forward to keeping you posted on our progress on each of these vital fronts, and on the remarkable accomplishments of our students, faculty, and alumni.

**Prof. Shaleen Kumar**  
Dean

SGPGIMS, Lucknow

## Message Executive Registrar



Phones : (0522) 2668004-008, 700, 800, 900  
Fax : (0522) 2668017, 2668129

संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ  
**Sanjay Gandhi Postgraduate Institute of Medical Sciences**

Raebareli Road, Lucknow-226 014 (India)

Message for e-Newsletter



**Col. Varun Bajpai**  
Executive Registrar  
SGPGIMS

It is with great optimism and gratitude towards our nurses that I write this message. The College of Nursing has continued to move forward to prepare competent and compassionate healthcare providers. This newsletter of College of Nursing brings an insight into the activities and clinical practices of the nursing students and faculty members as a team.

As the Registrar of the Institute, I extend my best wishes to the entire team of Faculty and Students of the College of Nursing, SGPGIMS for their achievements.

**Col. Varun Bajpai, VSM**  
Executive Registrar  
SGPGIMS, Lucknow

# Message

## Chief Medical Superintendent, SGPGIMS



संजय गॉधी स्नातकोत्तर आयुर्विज्ञान संस्थान, लखनऊ।  
Sanjay Gandhi Post Graduate Institute Of Medical Sciences,  
Raebareli Road, Lucknow-226014 (INDIA)  
Phone: 0522-2494065 Fax: 91-0522-440973



**Prof. Sanjay Dhiraj**  
Chief Medical Superintendent  
SGPGIMS

Nursing is a noble profession. Nurses serve as the backbone of the entire hospital administration working tirelessly day in and out. I being the nodal officer to College of Nursing, SGPGIMS has worked in proximity of nurses and have realized that nurses are multi-tasking. They not only serve the people but also can also good leaders and administration.

My best goes to the entire team of faculty members and students of College of Nursing for the future projects.

**Prof. Sanjay Dhiraj**  
Chief Medical Superintendent  
SGPGIMS, Lucknow

# Message Chairperson, SGPGIMS



**SANJAY GANDHI POSTGRADUATE INSTITUTE OF MEDICAL SCIENCES**  
Raebareli Road, Lucknow – 226014, India

**Dr. Amita Aggarwal**  
MD, DM, FASc, FAMS, FNAsc  
Prof. & Head  
Department of Clinical Immunology & Rheumatology

Phone: +91-522- 224 4284  
Mobile: +91 800 490 4389  
Fax: 91-522-2668017/26683078  
Email: [amita@sgpgi.ac.in](mailto:amita@sgpgi.ac.in); [aa.amita@gmail.com](mailto:aa.amita@gmail.com)



**Amita Aggarwal**  
Chairperson  
SC-College of Nursing

## Message for e-Newsletter

Nurses are two-thirds of the health workforce in India. Their central roles in health care delivery in terms of promotion, prevention, treatment, care, and rehabilitation are highly significant. Their contributions towards achieving UN millennium development goals (MDG) and sustainable development goals (SDG) are very crucial but not sufficient enough particularly in developing countries like India to create a major impact on health outcomes.

Nursing today has witnessed several changes, successes, and challenges through a lot of stride and movement. Through active, experiential, and global learning opportunities, we prepare our students to be stewards of the public interest and practitioners and leaders in the public and private sectors.

Being Chairperson of the College of Nursing I would like to congratulate the principal, faculty members, and students of the College of Nursing for this new quarterly Newsletter which will help us get the news about our nursing faculty, students, alumni, programs, and projects.

Prof. Amita Aggarwal  
Chairperson  
SC-College of Nursing

# Message Principal CON, SGPGIMS



नर्सिंग कालेज  
संजय गाँधी स्नातकोत्तर आयुर्विज्ञान संस्थान  
College of Nursing, SGPGIMS, Raebareli Road, Lucknow-226 014 ( U. P.)  
Tel. : 2668004-08, 2668700, 2668800, 2668900, Ext.: 3351, 3353, 3355, Fax : 2668017, 2668078



**Dr. Radha K.**  
Professor cum Principal  
CON, SGPGIMS

Our mission is to promote quality nursing. Our Institute try to prepare skilled, independent, and compassionate Nurses, who can provide promotive, preventive, curative and rehabilitative services at all levels of health care settings. The institute strives to provide a conducive learning environment to the students. We try to inculcate competitive spirit and leadership qualities among future nurses; so that they could impart excellence in clinical practice & fulfil the demands and challenges of nursing profession globally.

The institute provides an ample opportunity to student nurses to acquire the skills to become a skilled nurse for the future enhanced demands & to get respect, and recognition in their field of health care.

**Dr. Radha K.**  
Principal  
CON, SGPGIMS, Lucknow

# Message

## Editor in Chief, CON, SGPGIMS



**Mr. Mata Deen**  
Editor in Chief  
CON, SGPGIMS

Healthcare delivery is a multidisciplinary endeavor with nursing as the backbone of the health and medical system. The purpose of a e-Newsletter is typically to disseminate information regarding the activities of the college, Students & Teachers contribution, scientific presentation, publications etc.

Our goal as a team would not be achieved without the collective efforts of the Editor Advisory Board, Scientific Committee, Reviving Editors, Associate Editors committee members of College of Nursing, SGPGIMS, Lucknow.

e-Newsletter of College of Nursing, SGPGIMS will attempt to highlight the aspects related to academic performance, training of students and extra-curricular activities. From 2023 onward, I am very grateful and humbled to take on the role of Editor-in-Chief for this newsletter, and I am grateful to our Director, Dean, ER, CMS & Nodal officer, SGPGIMS and Principal, College of Nursing, SGPGIMS for supporting me to contribute to the development of the e-Newsletter.

This e-Newsletter will be useful to improve the academic and extracurricular performance of students and bring about quality in nursing education.

I am confident that collectively, we will take this newsletter series to great heights without compromising the quality.

**Mr. Mata Deen**  
Tutor, CON, SGPGIMS,  
Lucknow



## EDITOPR ADVISORY BOARD

### Col. Varun Bajpai

Executive Registrar  
SGPGIMS, Lucknow

### Prof. Sanjay Dhiraaj

Chief Medical  
Superintendent/Nodal Officer  
CON, SGPGIMS, Lucknow

### Dr. Radha K.

Principal  
CON, SGPGIMS, Lucknow

## EDITOR-IN-CHIEF

### Mr. Mata Deen

Tutor  
CON, SGPGIMS, Lucknow

## SCIENTIFIC COMMITTEE

### Mrs. Shabana Khatun

Associate Professor  
CON, SGPGIMS, Lucknow

### Mr. Yadidya

Associate Professor  
CON, SGPGIMS, Lucknow

### Mrs. Anju Verma

Associate Professor  
CON, SGPGIMS, Lucknow

## REVIEWING EDITORS

### Mr. Ashutosh Kumar Chanchal

Tutor  
CON, SGPGIMS, Lucknow

### Mrs. Abha Verma

Tutor  
CON, SGPGIMS, Lucknow

### Mrs. Bhumika Singh

Teaching Staff  
CON, SGPGIMS, Lucknow

## College of Nursing, SGPGIMS, Lucknow



## ASSOCIATE EDITORS

### Mrs. Pushpa Singh

Tutor, CON, SGPGIMS

### Ms. Alice Joseph

Tutor, CON, SGPGIMS

### Mr. Arun Kumar

Tutor, CON, SGPGIMS

### Mr. Kamran

Tutor, CON, SGPGIMS

### Mrs. Pooja Yadav

Tutor, CON, SGPGIMS

### Mr. Kamran

Tutor, CON, SGPGIMS

### Mr. Bhoopendra Singh Yadav

Tutor, CON, SGPGIMS

### Mrs. Merlin Cheema

Teaching Staff, CON, SGPGIMS

### Mr. Vinod Gupta

Teaching Staff, CON, SGPGIMS

### Mrs. Jebacelinpriyangaj

Teaching Staff, CON, SGPGIMS

### Mrs. Archana Singh Yadav

Teaching Staff, CON, SGPGIMS

## *INDEX*

<b>SL. NO.</b>	<b>EVENTS/ACTIVITIES</b>	<b>Page No.</b>
1.	QUIZ COMPETITION	
2.	ORIENTATION PROGRAMME OF NEW JOINING	
3.	30 <sup>TH</sup> STATE SNAI BIENNIAL CONFERENCE	
4.	INAUGURAL OF 1 <sup>ST</sup> BATCH OF M.SC. NURSING, INDUCTION PROGRAM OF 14 <sup>TH</sup> BATCH OF B.SC. NURSING AND CELEBRATION OF MENTORSHIP INSTITUTE	
5.	SCHOOL MENTAL HEALTH PROGRAM	
6.	WORKSHOP ON BASIC CARDIOPULMONARY LIFE SUPPORT	
7.	FIRE MOCK DRILL	
8.	REPORT OF SOFT SKILL TRAINING SERIES-4 ON PERSONAL & PROFESSIONAL ETIQUETTE	
9.	EMPLOYABILITY SKILL DEVELOPMENT & ENTREPRENEURS	
10.	REPORT ON WATER TREATMENT PLANT VISIT	
11.	FIRST AID MODULE TRAINING SESSION AND MOCK EXERCISE WORKSHOP	
12.	QUIZ COMPETITION ON THE OCCASION OF WORLD AIDS DAY	
13.	NATIONAL BOARD OF EXAMINATION IN MEDICAL SCIENCES (NBEMS) CPR AWARENESS PROGRAM	
14.	ESSAY WRITING ON VIKSIT BHARAT@2047	
15.	SEMINAR ON NATIONAL TUBERCULOSIS ELIMINATION PROGRAM (NTEP) – A HOLISTIC APPROACH	
16.	FRESHER PARTY OF B.SC. NURSING BATCH 2023-24	
17.	STUDENT NURSES ASSOCIATION OF INDIA'S 30 <sup>TH</sup> BIENNIAL CONFERENCE 2023	
18.	RESEARCH POSTER PRESENTATION 2023	
19.	STUDENT CORNER	

## *Sanjay Gandhi Post Graduate Institute of Medical Science, Lucknow*

Sanjay Gandhi Postgraduate Institute of Medical Sciences has (SGPGIMS) been under the State Legislature Act in 1983 and is named after. Sanjay Gandhi (an Indian politician). It was created by the state of Uttar Pradesh established as a center of excellence for providing medical care, education, and research of the highest order

The Institute offers postgraduate training to medical and nonmedical professionals. The training programmes lead to D.M., M.Ch., M.D., Ph.D., postdoctoral fellowships, postdoctoral certificate courses in various disciplines. In addition, B.Sc. Nursing, M.Sc. Nursing for Nursing Sciences & B.Sc. / M.Sc. (paramedical technology) courses in Allied Health Sciences are offered by the College of Medical Technology. The Institute is an autonomous body and award degrees which are recognized by the Medical Council of India. The Institute functions as a State University and is member of the Association of Indian Universities and is recognized by University Grants Commission.

Sanjay Gandhi Postgraduate Institute of Medical Sciences aimed to provide advanced specialty medical care with emphasis on Neonatal Surgery, Organ Transplantations, telemedicine, advance trauma care, kidney transplant and Comprehensive Cancer Care. Comprehensive focus on research, quality of teaching and quality of patient care.

The campus is a mini township with Community Center, Post Office, Bank, Schools, General Hospital, Play Grounds and other recreational facilities. There is planned plantation throughout the campus to provide pollution free healthy environment. The total covered area of the main hospital and its ancillary services is approx. 40,000 sqm.



## *College of Nursing, SGPGIMS, Lucknow*

Owing a nation's commitment to bring primary health services within the reach of all the individuals, there is a great demand for the Professional Nurses in India. With this view, College of Nursing at SGPGI Lucknow was established in Year -2010 under an autonomous State University SGPGIMS Act 1983.

**College of Nursing, SGPGIMS** needs real commitment and selfless, endeavour with love, passion, and perseverance. Nursing students should act as force for change and become vital-resource for health.

College of Nursing is the first government Nursing Training institute established in Lucknow City of Uttar Pradesh.

### *VISION*

Nursing is a healthcare profession that focuses on the care of individuals and their families.

### *MISSION*

- ✚ Educate and inspire students to become competent, passionate nurse who demonstrate integrity and excellence in service, leadership, research, and education.
- ✚ To contribute towards knowledge generation and dissemination
- ✚ To promote ethical and value-based learning.
- ✚ To nurture creativity and encourage entrepreneurship.
- ✚ To enhance employability and contribute to human resource development.
- ✚ To promote health and wellness amongst students, staff & community.



Recognized as "**Mentor Institute**" under Mission Niramaya-2023

## QUIZ COMPETITION

The faculty members and students of B. Sc. Nursing 4<sup>th</sup> year College of Nursing, SGPGIMS, Lucknow together conducted a **Quiz Competition** from 10 a.m. to 11 a.m. on 1<sup>st</sup> July 2023. The Session was conducted under the guidance of Mr. Yadidya (Associate professor) and Mr. Arun Kumar (Tutor).

### OBJECTIVES

- ✓ To assess the knowledge of students regarding community health nursing.
- ✓ To develop competitiveness among the students.
- ✓ To enhance the decision making, critical thinking and team spirit among the participating students.
- ✓ To provide new knowledge to the participating students.



## Group Participants

TEAM-A	TEAM-B	TEAM-C
Tasya Katiyar	Sweta	Arpit
Shruti Gupta	Ankita	Shivam
Nisha Verma	Roli	Shaista
Akanksha pal	Arpita	Monti
Hemlata	Ataina	Ragini
Tasya Katiyar	Pratibha	Arpit

### Quiz questionnaire

ROUND -1 : Multiple Choice Questions

ROUND -2 : Important Dates

ROUND -3 : Image Based Questions

ROUND -4 : Rapid Fire Round Score Board

ROUND	TEAM-A	TEAM-B	TEAM-C
FIRST ROUND	0 + 1 + 1 = 2	2 + 1 + 2 = 5	0 + 0 = 0
SECOND ROUND	0 + 2 = 2	1 + 2 = 3	2 + 1 = 3
THIRD ROUND	2 + 1 + 2 = 5	0 + 2 = 2	2 + 2 = 4
FOURTH ROUND	1 + 1 + 0 + 1 + 1 + 1 = 5	1 + 0 + 0 + 1 + 1 = 3	1 + 1 + 1 + 1 + 1 = 5
TOTAL SCORE	12	19	12

All the groups performed very well in the quiz competition and group – B won the competition and both the other groups had a tie

### FEEDBACK

The participating students really enjoyed the quiz competition and suggested to have many more quiz competition in future. They also found that this session was very useful for them as they gain new knowledge and learned from their mistakes.

## ORIENTATION PROGRAMME OF NEW JOINING FRESHER STUDENTS

**(2023 BATCH)**

The faculty and new students of B.Sc. Nursing and M.Sc. nursing, College of Nursing, SGPGIMS, Lucknow (Academic Year 2023-24) undergone the orientation programme of college and with hospital setting which includes New OPD, Old OPD, General Hospital, Apex Trauma Center and Central Library from 9:00 am to 1:00 pm from date 1<sup>st</sup> August 2023 to 5<sup>th</sup> August 2023. The session was conducted under the guidance of Dr. Radha K Principal cum Professor and Mrs. Shabana Khatun (Associate Professor). In this programme told students about the structural foundation of college including hospital and the services provided to the common public and the students as well.



### OBJECTIVES

- ✓ To orient the students around the college and hospital.
- ✓ To orient the students about the college infrastructure and the facilities available in the college.
- ✓ To develop relationship with nursing

officers and the staff of hospital and college.

- ✓ To inform about the organization set up of the institute (SGPGIMS) including labs and the various departments.

### ORIENTATION TEAM MEMBERS

#### **Faculty College of Nursing**

**Students:** BSc. Nursing 1<sup>st</sup>Semester and MSc nursing 1<sup>st</sup>year.

**Total Participants:** Total 60 (**M.Sc. Nursing 7 Students and B.Sc. Nursing 53 students**)

- Formal Introduction of teachers and other staff were introduced to the students.
- Various existing labs, offices and library was also shown to students
- In hospital students were taken to various wards.



## 30<sup>TH</sup> STATE SNAI BIENNIAL CONFERENCE

**Theme**– Empowering Nursing Students: Prospects and Challenges

**Location:** Samarpan Institute of Nursing and Paramedical Science, Lucknow.

The SNAI Biennial Conference held on August 7, 2023, at the Samarpan Institute of Nursing and Paramedical Science, was a remarkable blend of sports, culture, and insightful discussions, all centered around the theme “Empowering Nursing Students: Prospects and Challenges.” The event spanned from **8:00 AM to 12:30 am**, encompassing a diverse range of activities that engaged participants and attendees alike.

### OBJECTIVES

- It improves the physical and mental health
- Understand the importance of sport
- Get opportunity to be innovative and creative in sports.
- It enhances problem solving skills and competitive
- It also brings resilience and mental toughness
- It also helps in team work
- It brings individual to cope with failures.



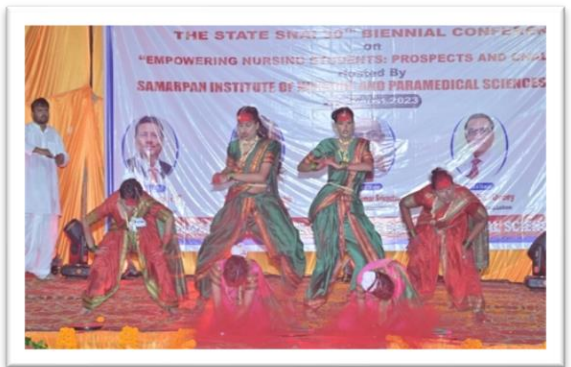
### SPORTS EVENTS:

The **sports segment** of the event showcased the athletic prowess of the participants. Thrilling relay races, lightning-fast 100m sprints, precision javelin throws, and intense discus throws had the audience cheering with excitement. Badminton matches added a touch of competitiveness to the day, promoting sportsmanship and teamwork.



### CULTURAL EVENTS:

The **cultural events** were equally captivating, with a variety of creative activities. The poster presentation segment provided a platform for students to showcase their artistic talents, while on-the-spot painting brought out spontaneity and creativity. Rangoli making, a traditional art form, adorned the event with intricate and colorful designs.



### **WINNERS FROM SGPGIMS (CON) IN SNAI EVENT AT SAMARPAN:**

1. SHARAD YADAV (1<sup>ST</sup> YEAR) –  
BADMINTON (1<sup>st</sup> position)
2. AAKASH BHARTI (3<sup>RD</sup> YEAR) –  
JAVELIN THROW (1<sup>st</sup> position)
3. MD.SHUJA (1<sup>ST</sup> YEAR) – MR.  
SNA
4. KAFEEL AHMAD (2<sup>nd</sup> year) -100  
metres 2<sup>nd</sup> position
5. RELAY RACE -2<sup>nd</sup> position



### **TALK ON WORLD ENTREPRENEURS' DAY**

#### **Introduction:**

On 21.08.2023, a special event was organized to commemorate “World Entrepreneurs Day.” The event aimed to celebrate and acknowledge the significant contributions of entrepreneurs to the global economy and society. World Entrepreneurs Day is celebrated on August 21st every year to recognize and honor the contributions of entrepreneurs towards economic development, innovation, and job creation. The talk focused on various aspects of entrepreneurship, its impact, challenges, and opportunities.

#### **Event Details:**

Date: 21.08.2023 - Time: 12:00-1:00pm.

Venue: Seminar Hall College of Nursing SGPGIMS.

Speakers: Dr. Abhinandan K Bokriya (National MeDevison convenor official outreach partner Y20 India) & Mr. Rajat Raikwar.

Audience: Faculty members and MSc-1st year, BSc-1st Semester Nursing Students.

#### **Key Points Discussed:**

**The Significance of Entrepreneurship:** The presentation began with an overview of the role entrepreneurs play in shaping economies. Entrepreneurs identify gaps in the market, create new products and services, and drive competition, which ultimately leads to economic growth.

**Innovation and Creativity:** Innovation is at the core of entrepreneurship. The talk emphasized how entrepreneurs are constantly pushing the boundaries of



creativity to develop solutions to existing problems. Case studies of successful entrepreneurs were discussed to showcase their innovative approaches.

**Job Creation and Economic Development:** Entrepreneurs are major job creators. The presentation highlighted the link between entrepreneurship and employment generation, underscoring how startups and small businesses are vital for reducing unemployment rates and boosting local economies.

**Challenges and Risks:** Entrepreneurship comes with its share of challenges, including financial risks, market uncertainties, and competition. The talk covered various challenges entrepreneurs might face and provided insights on how to mitigate those risks.

**Support Ecosystem:** Governments, organizations, and institutions play a pivotal role in nurturing the entrepreneurial ecosystem. The presentation discussed the significance of providing entrepreneurs with access to funding, mentorship, networking opportunities, and a conducive regulatory environment.

**Global Impact:** Entrepreneurs not only contribute to their local economies but also have a global impact. Through technology and international trade, entrepreneurs can extend their reach and bring about positive change on a larger scale.

**Conclusion:** The presentation concluded by emphasizing that entrepreneurs are the driving force behind innovation and economic growth. World Entrepreneurs Day serves as a reminder to celebrate their achievements and support their endeavours. It is an opportunity for individuals to be inspired by the stories of successful entrepreneurs and consider their own potential to contribute to the world through entrepreneurship.

Q&A Session: The presentation was followed by an interactive Q&A session, where attendees had the chance to ask questions and engage in discussions about entrepreneurship, challenges faced by startups, and ways to foster a culture of innovation.

### **FEATURES OF MYSBA**

To address the unemployment issue – Serious efforts, public awareness, and comprehensive planning are needed. ‘Swavlambi Bharat Abhiyan’ is an initiative of economic organizations in association with educational and social institutions – for the purpose of solving unemployment.

Swavlambi Bharat Abhiyan (SBA) is an initiative to spread awareness among people about start-ups, entrepreneurship, and jobs. Its main function is to provide employment to every citizen of India by 2030 and make the nation self-sufficient and also independent. It was established on August 21, 2022.

MySBA is the digital platform of Swavlambi Bharat Abhiyan, which aims to change the mindset of the youth about the challenges and how to make a difference in their environment. This will help them shape the path they choose through entrepreneurship. Or other means that will get positive change in their livelihood.

### **FEATURES OF MYSBA**

- Creating opportunities by bringing individuals/industries and professionals on a single platform to develop individual knowledge, skills, and abilities.
- This model is based on a decentralized approach to youth empowerment at the local level. Also, it encourages empowerment and active participation.

- The project will be a model to support the development of cooperative movements for FPO, SHG, and then others. It will help in capacity building by organizing their established or operational capacities at the grass root level.

**MYSBA PROGRAM HELPFUL TO:**

- Entrepreneurship, awareness, and wealth creation among the youth should be developed as a mass movement. It is very important for the youth to understand the need for hard work and dedication.
- The scheme aims to promote coordination and cooperative mobility among job seekers.
- The process of clarifying their basic subject, information about government schemes, entrepreneurship training, skill development, etc. will take place in this center. Apart from this, the focus will be on solving many problems like self-employment, bank loans, and conversation with successful entrepreneurs.
- The campaign will encourage and support self-employment, new micro-enterprises, start-ups, and collaboration-based industries.
- The scheme will act as a catalyst for employment generation by integrating local resources, youth power, government programs, and technical education.
- The campaign will also help to review and discuss and implement employment generation schemes.
- The program will use digital platforms to create awareness among the youth about government projects. The campaign will use youth volunteering

to find employment opportunities available to Indian youth anywhere in the world to increase their employability.

- The campaign will ensure that the youth not only think about their own employees. But also, about the employment and economic progress of the nation. We should follow a culture of cooperation and strive for the progress of the country.



**INAUGURAL OF 1<sup>ST</sup> BATCH OF  
M.SC. NURSING,  
INDUCTION PROGRAM OF 14<sup>TH</sup>  
BATCH OF B.SC. NURSING AND  
CELEBRATION OF MENTORSHIP  
INSTITUTE**

Date : 6<sup>th</sup> September 2023  
Time : 11.00 am onwards  
Venue : C V Raman Auditorium,  
SGPGIMS

The inaugural programme was started with welcome address proposed by Mr. Yadidya, Associate Professor, College of Nursing. The following dignitaries were graced the occasion Prof. R K Dhiman, Director, SGPGIMS, Lucknow as Chief Guest, Prof. Shaleen Kumar, Dean, SGPGIMS, Lt. Col. Varun Bajpai (VSM), Executive Registrar, SGPGIMS and Dr. Radha K, Professor cum Principal, College of Nursing, SGPGIMS, Lucknow.

Opening remark given by Dr. Radha K, Professor cum Principal, College of Nursing, SGPGIMS and address the gathering by Prof. Shaleen Kumar, Dean, SGPGIMS, Lt. Col. Varun Bajpai(VSM),Executive Registrar, SGPGIMS, Lucknow. Prof. R K Dhiman, Director, SGPGIMS, Lucknow as Chief Guest said the students must be in discipline, regular in college and set target on priority basis always high to achieve any goal in students' life and their nursing profession.



Mentorship Award of College of Nursing, SGPGIMS which was received by Prof. Sanjay Dhiraaj , Nodal Officer, College of Nursing by Shri Yogi Adyanath, Chief Minister under the Mission Niramaya on 12th July 2023 at Chief Minister House ,5 , Kalidas Marg, Lucknow. The same award again shared by R K Dhiman, Director, SGPGIMS to the all team members, faculty of College of Nursing for their appreciable work and become a “Mentor Institute”. The free medical service books for the students were distributed by the Chief Guest Prof. R K Dhiman, Director, SGPGIMS The dignitaries released the first e-Newsletter of College of Nursing. Prizes were distributed for sports events and State SNA competitors of students of College of nursing.



Students B.Sc. Nursing also performed the cultural programs and the program ended with a vote of thanks by Mrs. Shabana Khatun, Associate Professor, College of Nursing.

## SCHOOL MENTAL HEALTH PROGRAM

The faculty and the student of college of nursing, SGPGIMS, Lucknow together conducted a school mental health program at Kendriya Vidyalaya SGPGIMS, from 9:00 am to 11:30 am on 9<sup>th</sup> October 2023. The program was conducted under the guidance of Mr. Ashutosh Kumar Chanchal (tutor) and Mr. Auchitya Sharma (teaching faculty). In this program students were told about the importance of mental health, causes of mental health and prevention of mental illness.

### THEME OF THE PROGRAM:

“MENTAL HEALTH IS A UNIVERSAL RIGHT”



### Objectives:

- ✓ To develop the awareness regarding mental health and mental illness.
- ✓ To inform students about the causes of the mental illness.
- ✓ To inform students about the prevention of the mental illness.
- ✓ To inform the student about the strengthening on mental health.



### Feedback:

The student found school mental health program was effective and excellent. students actively participated in Quiz and game activities.

- ✓ Queries were answered.
- ✓ Doubts were cleared.

## WORKSHOP ON BASIC CARDIOPULMONARY LIFE SUPPORT

The Workshop on BCLS was Organized by College of Nursing under the Chairperson of Dr. Radha K., Principal, College of Nursing, SGPGIMS, Lucknow. The resource person of this event was Mr. Naresh Yadav, Senior Nursing Officer, BLS & ACLS Trainer, SGPGIMS, Lucknow. The Program was Co-ordinated by Mr. Arun Mishra -Tutor, Mrs. Pushpa Singh-Tutor and Mrs. Merlin Cheema, Teaching Faculty, College of Nursing, SGPGIMS.

### Objectives: -

After the Workshop on BCLS, students will be able to:

- ✚ Understand the rescuer's role in the chain of survival
  - ✚ Able to recognize the necessity of CPR
  - ✚ Able to make good communication for emergency aid's arrival.
  - ✚ Able to identify the cases where the rescuer to refuse to perform CPR
  - ✚ Perform CPR effectively for adult and infant casualties.
  - ✚ Use an AED correctly.
  - ✚ Understand the effectiveness of CPR
- ☞ **Venue:** - Seminar Hall, College of Medical Technology, SGPGIMS, Lucknow
- ☞ **Date:** - 10-10-2023
- ☞ **Time:** - 1.30 PM - 35PM
- ☞ **Participants:** - Faculties, B. Sc Nursing 1<sup>st</sup> Sem & 3<sup>rd</sup> Semester Students of College of Nursing, SGPGIMS, Lucknow.

Basic Cardiopulmonary Life Support (BCLS) refers to an algorithmic structured plan for management of victims of cardiopulmonary arrest outside the hospital. It will be applicable to trained medics and paramedics who are present at or are called to the site of casualty. It is a lifesaving procedure with regard to this, Indian Nursing Council has designed the curriculum for B.Sc. Nursing Students, in which mandatory modules on Basic cardiopulmonary Life support has been included. This module is designed to improve the skills in performing effective CPR among the nursing students which is very much necessary in day-to-day life.

The program was commenced by introduction of topic followed by welcome speech by Dr Radha K, Principal, College of Nursing, SGPGIMS, Lucknow. Then Resource Person **Mr. Naresh Yadav, Senior Nursing Officer, BLS & ACLS Trainer, SGPGIMS, Lucknow** has given training session on theory part in which he explained definition, indications, components, Steps of Cardio Pulmonary Resuscitation.

The session was very informative and interactive. Students were very active and participated in group discussion. He demonstrated how to perform CPR effectively. Many of the BSc Nursing 1<sup>st</sup> and 3<sup>rd</sup> semester students redemonstrated the technique of CPR. He was honored by a sapling as a token of gratitude by Principal Madam.



## FIRE MOCK DRILL

### Background:

Preparation is key in overcoming crisis situations. With serious injuries and fatalities being common in building fires, personnel must have the knowledge and ability to follow safety protocols in order to evacuate safely, and efficiently. Prior to your fire drill's implementation, however, your organization must do their due diligence to ensure that it is effective

### Brief Report of the event:

The Fire Department of SGPGIMS organized a comprehensive fire mock drill, aimed at equipping students and staff with crucial knowledge on evacuation procedures and the effective utilization of fire extinguishers. In this carefully orchestrated drill, participants were provided with hands-on experience, allowing them to familiarize themselves with the potential challenges and protocols that arise during such emergencies.

During the mock drill, the main focus was on training individuals to efficiently and swiftly evacuate the premises during a fire. It is an essential skill to be able to remain calm and act promptly in critical situations, and this exercise provided an ideal platform for individuals to hone these life-saving abilities. Participants were taken through a series of scenarios, ensuring they were exposed to various simulated fire situations, enabling them to practice response procedures in a controlled environment.

Not only were students involved, but the college staff also actively participated in the



drill, highlighting the institution's commitment to the safety and well-being of its entire community. The collaborative effort between the Fire Department and SGPGIMS ensured that all participants gained valuable insights into the best practices of fire safety and prevention.

Additionally, one of the key aspects of the mock drill was educating participants on the proper usage of fire extinguishers. With hands-on guidance from experienced professionals, students and staff were taught how to correctly handle and operate these essential fire-fighting tools.

Understanding the different types of fire extinguishers and their respective applications is paramount to effectively combatting fires and minimizing potential damage.

By simulating such emergencies and offering comprehensive training, the Fire Department of SGPGIMS is not only ensuring the safety of the college premises but also empowering individuals with the confidence and knowledge necessary for dealing with fire incidents.

#### **Event glimpse:**



### **REPORT OF SOFT SKILL TRAINING SERIES-4** **ON** **PERSONAL & PROFESSIONAL ETIQUETTE**

The “Soft Skill Training (Series 4) on “ETIQUETTE” was Organized by College of Nursing under the Chairperson of Dr. Radha K., Principal, College of Nursing, SGPGIMS, Lucknow. The resource person of this event was Mrs. Neema Pant, Assistant Nursing Superintendent, SGPGIMS, Lucknow & Social activist. The Program was Co-ordinated by Mrs. Merlin Cheema, Teaching faculty, SGPGIMS, and Mrs. Abha Verma, Tutor, College of Nursing, SGPGIMS.

#### **Objectives: -**

After the Soft Skill Training Program on Etiquette students will be able to:

1. Know the meaning and types of etiquette

2. Identify and perform personal etiquette.
3. Demonstrate body language and facial expressions.
4. Identify and perform professional etiquette.
5. Demonstrate Communication etiquette
6. Know about work place etiquette
7. Learn and apply the etiquette in different settings of life.

- ☞ Venue: - Seminar Hall, College of Nursing, SGPGIMS, Lucknow
- ☞ Date: - 11-10-2023
- ☞ Time: - 2 PM - 3 PM
- ☞ Participants: - Faculties & B.Sc. Nursing 3<sup>rd</sup> Semester Students of College of Nursing, SGPGIMS, Lucknow.

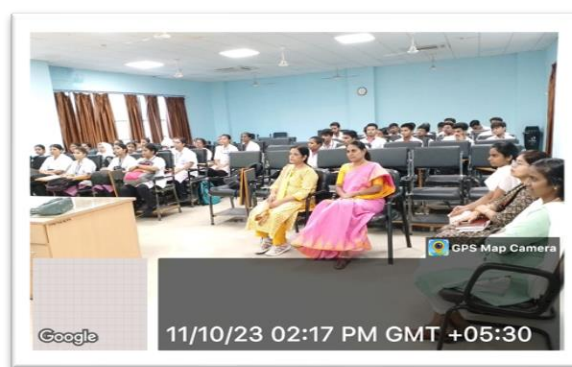
Human being is a social animal and it is really important for him to behave in an appropriate way. Etiquette refers to guidelines which control the way a responsible individual should behave in the society. Etiquette makes a simple individual into a cultured individual and enables the individual to earn respect and appreciation in the society. In order to transform a man into a gentleman etiquette is very important.

With regard to this, Indian Nursing Council has designed the curriculum for B.Sc. Nursing Student, in which elective modules on different topics has been included. This module is designed to improve the soft skills of the students which is required for personal and professional lives such as

etiquette, presentation, time management, motivation, decision making & team work.

The program was commenced by introduction of topic followed by welcome speech by Dr Radha K, Principal, College of Nursing, SGPGIMS, Lucknow. Then Resource Person Mrs. Neema Pant. ANS. SGPGIMS, Lucknow has given speech on personal etiquette & professional etiquette in which she explained Personal grooming, Manners, punctuality discipline etc. Students were very active and participated in group discussion. She was honored by a sapling as a token of love by Principal Madam. The training session was concluded by Vote of thanks by Mrs. Merlin Cheema (Teaching Staff), College of nursing, SGPGIMS, Lucknow.

#### Photo/Gallery:





## EMPLOYABILITY SKILL DEVELOPMENT & ENTREPRENEURS

On 14.10.2023, a special event was organized to develop soft skill & motivate to 1<sup>st</sup> & 2<sup>nd</sup> semester students regarding employability skill and entrepreneurs. The event aimed to celebrate and acknowledge the significant contributions of entrepreneurs to the global economy and society.

### **Event Details:**

- ☞ **Venue:** - Seminar Hall, 3<sup>rd</sup> floor CMT, SGPGIMS, Lucknow
- ☞ **Date:** - 14-10-2023
- ☞ **Time:** - 9 AM – 10 AM

**Participants:** - Faculties & B.Sc. Nursing 1<sup>st</sup> & 3<sup>rd</sup> Semester Students of College of Nursing, SGPGIMS, Lucknow.

### **Key Points Discussed:**

**The Significance of Entrepreneurship:** The presentation began with an overview of the role entrepreneurs play in shaping economies. Entrepreneurs identify gaps in the market, create new products and services, and drive competition, which ultimately leads to economic growth.

**Innovation and Creativity:** Innovation is at the core of entrepreneurship. The talk emphasized how entrepreneurs are constantly pushing the boundaries of creativity to develop solutions to existing problems. Case studies of successful entrepreneurs were discussed to showcase their innovative approaches.

**Job Creation and Economic Development:** Entrepreneurs are major job creators. The presentation highlighted the link between entrepreneurship and employment generation, underscoring how startups and small businesses are vital for reducing unemployment rates and boosting local economies.

**Challenges and Risks:** Entrepreneurship comes with its share of challenges, including financial risks, market uncertainties, and competition. The talk covered various challenges entrepreneurs might face and provided insights on how to mitigate those risks.

**Support Ecosystem:** Governments, organizations, and institutions play a pivotal role in nurturing the entrepreneurial ecosystem. The presentation discussed the significance of providing entrepreneurs with access to funding, mentorship, networking opportunities, and a conducive regulatory environment.

**Global Impact:** Entrepreneurs not only contribute to their local economies but also have a global impact. Through technology and international trade, entrepreneurs can extend their reach and bring about positive change on a larger scale.

**Conclusion:** The presentation concluded by emphasizing that entrepreneurs are the driving force behind innovation and economic growth. It is an opportunity for individuals to be inspired by the stories of successful entrepreneurs and consider their own potential to contribute to the world through entrepreneurship.

**Q&A Session:** The presentation was followed by an interactive Q&A session, where attendees had the chance to ask questions and engage in discussions about entrepreneurship, challenges faced by startups, and ways to foster a culture of innovation.

### **Features of MYSBA**

To address the unemployment issue – Serious efforts, public awareness, and comprehensive planning are needed. ‘Swavlambi Bharat Abhiyan’ is an

initiative of economic organizations in association with educational and social institutions – for the purpose of solving unemployment.

Swavlambi Bharat Abhiyan (SBA) is an initiative to spread awareness among people about start-ups, entrepreneurship, and jobs. Its main function is to provide employment to every citizen of India by 2030 and make the nation self-sufficient and also independent. It was established on August 21, 2022.

MySBA is the digital platform of Swavlambi Bharat Abhiyan, which aims to change the mindset of the youth about the challenges and how to make a difference in their environment. This will help them shape the path they choose through entrepreneurship. Or other means that will get positive change in their livelihood.

### **Features of MYSBA**

- Creating opportunities by bringing individuals/industries and professionals on a single platform to develop individual knowledge, skills, and abilities.
- This model is based on a decentralized approach to youth empowerment at the local level. Also, it encourages empowerment and active participation.
- The project will be a model to support the development of cooperative movements for FPO, SHG, and then others. It will help in capacity building by organizing their established or operational capacities at the grass root level.

### **MYSBA Program helpful to:**

- Entrepreneurship, awareness, and wealth creation among the youth should be developed as a mass movement. It is very important for the youth to understand the need for hard work and dedication.
- The scheme aims to promote coordination and cooperative mobility among job seekers.
- The process of clarifying their basic subject, information about government schemes, entrepreneurship training, skill development, etc. will take place in this center. Apart from this, the focus will be on solving many problems like self-employment, bank loans, and conversation with successful entrepreneurs.
- The campaign will encourage and support self-employment, new micro-enterprises, start-ups, and collaboration-based industries.
- The scheme will act as a catalyst for employment generation by integrating local resources, youth power, government programs, and technical education.
- The campaign will also help to review and discuss and implement employment generation schemes.
- The program will use digital platforms to create awareness among the youth about government projects. The campaign will use youth volunteering to find employment opportunities available to Indian youth anywhere in the world to increase their employability.

The campaign will ensure that the youth not only think about their own employees. But also, about the employment and economic progress of the nation. We should follow a culture of cooperation and strive for the progress of the country.

### Glimpses of the Event-



## REPORT ON WATER TREATMENT PLANT VISIT

The faculty and the students of B.Sc. Nursing II year of College of Nursing, SGPGIMS, Lucknow (U.P) together went for an educational visit to Water Treatment Plant- “Jal Kal Vibhag” at Aishbhag, Lucknow from 10:30 am to 12:00 pm on 18.10.23 (Wednesday). The visit was carried out under the guidance of Mrs. Puspaha Singh, Mrs. Pooja Yadav (Tutors). Mr. Vinod Kumar Gupta (Teaching faculty). This visit was conducted under the guidance and supervision of Mr. Ayub Khan (S.D.O), Mr. Asif Khan, Mr. Javed Khan (Head Engineers) of the Water Treatment Plant. The visit was attended by a strength of 47 students.



### Objectives:

The following objectives were accomplished during the educational visit: -

1. Obtaining the objectives of a water purification plant.
2. Getting oriented with the physical infrastructure of the Water Purification Plant.
3. Know the staffing pattern of the Water Purification Plant.
4. Understanding the process of purification in the Water Purification Plant.

5. Learning about the sources of water contamination of the city.
6. Description about the common water borne diseases.
7. Know the common occupational hazards of the Water Purification Plant.
8. Know about the health service available for the workers of the Water Purification Plant.

The visit started with the introduction of the heads of the departments under their guidance whole visit was conducted. They oriented us through the objectives and need of the water purification system for developed cities and towns as depleted ground water level cannot be used for drinking purposes therefore river water is purified of the impurities and used for drinking purpose. After the introduction Mr.Asif Khan (Head Engineer) oriented us to the physical infrastructure of the WTP through its architectural map. The WTP has multiple branches in Lucknow under the Project initiated by Government of India: AMRIT MISSION. In the urban (ATAL MISSION), village (JAL JEEVAN MISSION).

At 10:50 am we visited the Central Control Room of the WTP including all the controls of the tanks and valves starting from the source of water i.e. Gomti river (Gaoghat) Pumping Station of 900mm. Through the central monitoring system, we were oriented about the working process and the filtration system of the WTP known as the UHRC). The UltraHigh-Rate Clarifiers.

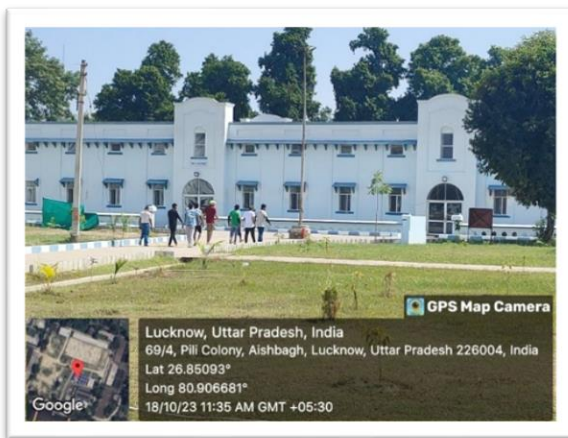
### PROCESS OF WATER PURIFICATION:

During this we got introduced by the process of treatment, sedimentation, and filtration after that purification of water. The process starts with the **Aeration cascade** tanks (60mld) of the pumped water from the Gaoghat Station.

During this time the parameters of water are measured including: pH, turbidity, TDS, chloride, alkalinity, hardness, sulphate, nitrate, and fluoride. After that Pre-Chlorination of water is done by adding PAC (Polyaluminium chloride) + chlorine. It forms floccules. This mixture is then pumped to the Flash Mixers creating high speed mixing of the chlorinating solution. Then this mixed water solution is then pumped to the Flocculation Tanks. These tanks mix the solution at low RPM to create Floccules. This flocculated mixture is transported to the Tube Settlers (upside water flow) for the process of Sedimentation. Here the floccules get settled down and the above clear water is flow down by a levelled surface and then pumped to the sand filters known as the Pressured Sand Filters (PSF). These filters play the key role in filtration and purification of water. High pressured water is being pumped into it and through the layer of sand (850mm) and gravel (150mm). After the filtered water is pumped to Post Chlorination Tanks. This purified water is stored in the Clear Water Reservoir (CWR) of 20,000 kl. This purified water is pumped to the whole city via industrial pumps (9 in total) working in shifts to reduce over load.

During this process we obtained the knowledge about common water borne diseases being spread over the city due to poor condition of non-purified water. These conditions include: typhoid, dysentery, diarrhea, cholera, etc. and after the development of water treatment plant there has been a decline in prevalence of these diseases.





## FIRST AID MODULE TRAINING SESSION AND MOCK EXERCISE WORKSHOP

**By- SDRF TEAM U.P**

**Date: -**

**31<sup>ST</sup> OCTOBER 2023**

**VENUE: SEMINAR HALL, COLLEGE OF  
NURSING, SGPGIMS**

**TIME: 10:30 AM – 1:30 PM**

**First aid** is the provision of initial care for an illness or injury. It is usually performed by a non-expert person to a sick or injured person until appropriate medical treatment can be accessed in a hospital or by going to a doctor. Certain self-limiting illnesses or minor injuries may not require further medical care after the

first aid intervention. It generally consists of a series of simple and in some cases, potentially life-saving techniques that an individual can be trained to perform with minimal equipment. The First aid training, therefore, is of value in both preventing and treating sudden illness or accidental injury and in caring for large number of persons caught in a natural disaster. It is a measure both for self-help as well as for the help of others.

**The primary aim of first aid is to minimize pain, prevent death or serious injury from worsening. The key objectives of first aid are as follows:**

1. The primary objective of first aid is to minimize the pain and save lives. First aid done correctly should help reduce the patient's pain and stabilize the patient.
2. First aid also includes addressing the external factors, such as moving a patient away from any cause of harm or site of accident, away from fire as smoke may cause further choking, and applying first aid techniques to prevent worsening of the condition.



3. It would also include to accelerate the recovery from the illness or injury, and in some cases might involve completing a treatment, such as applying adhesive bandage to a small wound or supporting a broken arm or leg.

It is important to note that first aid cannot be compared with the care what a trained medical

professional provides. First aid involves making common sense decisions in the best interest of an injured person in an emergency situation. **bandage to a small wound or supporting a broken arm or leg**

### *Glimpses*



## QUIZ COMPETITION ON THE OCCASION OF WORLD AIDS DAY

A quiz competition was organized by the Department of Microbiology on the occasion of World Aids Day,2023 under the theme ‘Let Communities Lead.’

### Brief Report of the event:

- **Resource person:** Information regarding the event was shared to the students by Mr. Arun Kumar, Tutor, College of Nursing, SGPGIMS.
- **Delivery of the lecture/ speech:** A post quiz, informative and interactive session was held regarding biomedical waste management and about prevention and management of needle stick injury.
- **Felicitate:** The felicitation ceremony took place on 1st December,2023, where Hemant Singh Fartyal (BSc. Nursing 4<sup>th</sup> year student) got the **first prize** and Pankaj Chaudhary (BSc. Nursing 2<sup>nd</sup> year student) got the **second prize**.

**Conclusion:** The event helped the students to gain knowledge about how HIV spreads and its preventive measures and about the post-exposure prophylaxis regimen after needle-stick injury. The event was a success with our college bagging the first and the second prize.

## Event glimpse:



## NATIONAL BOARD OF EXAMINATION IN MEDICAL SCIENCES (NBEMS) CPR AWARENESS PROGRAM

The NBEMS cardiopulmonary resuscitation (CPR) awareness programme is a nation-wide public awareness campaign organized by the National Board of Examinations in Medical Sciences (NBEMS) on December 6, 2023. The aim of the programme is to provide basic knowledge and training on CPR to citizens,

including students, professionals, and paramedical staff, through an online medium. A trained doctor is posted at each venue to explain the technique of CPR and answer the queries of the participants. NBEMS also issues a certificate of participation to the participants

The programme was launched by the Union Health Minister Dr. Mansukh Mandaviya, who praised the initiative and encouraged all to undertake the training, citing that it can help save lives in case of a cardiac arrest

### **Brief Report of the event:**

The NBEMS cardiopulmonary resuscitation (CPR) awareness programme is a nation-wide public awareness campaign organized by the National Board of Examinations in Medical Sciences (NBEMS) on December 6, 2023. Total 65 BSc Nursing & 05 MSc Nursing Students and 20 Teaching Staff & 05 Non-Teaching Staff are attained this awareness program.



## **SEMINAR ON NATIONAL TUBERCULOSIS ELIMINATION PROGRAM (NTEP) - A HOLISTIC APPROACH**

1. To identify the aims, strategies and functions of the District Tuberculosis (TB) centre.
2. To monitor the functioning of the National TB Elimination Programme in the state of Uttar Pradesh and at various district level.
3. To monitor the performance of the National TB Elimination Programme in the state of Uttar Pradesh.
4. To observe the outpatient facility for diagnosis, control, treatment of tuberculosis and to augment IEC activities in order to strengthen preventive aspect by educating the masses.
5. To identify the research activities in the various aspects of Tuberculosis including basic, epidemiological, clinical and operational research.
6. To identify the resources (diagnostic facilities, manpower and funds) available at the District Tuberculosis (TB) centre.
7. To identify the challenges faced by the staff members while working at the District Tuberculosis (TB) centre.

### **Brief Report of the event:**

- Resource person:
  1. Dr. A.K. Singhal, District TB Officer
  2. Dr. Perna Kapoor, Senior Physician, Nodal Officer, NTEP Unit, SGPGIMS

3. Mr. Abhay Chandra Mitra, Senior Treatment Supervisor

As a part of the B.Sc. Nursing Semester curriculum, a seminar on National Tuberculosis Elimination Program was organized along with the District TB centre Team on 07<sup>th</sup> November 2023 at Seminar Hall, College of Nursing, SGPGIMS, Lucknow under the Chairmanship of the Dr. Radha K. Principal, College of Nursing, SGPGIMS. The program coordinators are Mrs. Abha Verma, Tutor and Mrs. A Merlin Cheema, Teaching Staff, College of Nursing, SGPGIMS.

The participants were B.Sc. Nursing Semester III and B.Sc. Nursing 2<sup>nd</sup> year students. The program started at 10 am with the Welcome Address by Dr. Radha K. Principal. The first session was taken up by Mr. Abhay Chandra Mitra, Senior Treatment Supervisor on Magnitude and Risks of TB and Diagnostic Services for TB. He explained about the prevalence of TB in India and risks factors and population suffering from TB. He elaborated on the Diagnostic services available for the general population at various health centers for TB.

The next session on Standards of TB care in India and Treatment regimen of TB by Dr. Perna Kapoor, Senior Physician & Nodal Officer, NTEP Unit, SGPGIMS, Lucknow. She explained about the standards and safety measures for care for TB patients. The DOTS treatment provided under the National TB Elimination Program at the district level and the tertiary hospital. The latest treatment regimen involves Fixed Dose Combinations made according to the weight bands of the patients.



**Conclusion:** The last session was taken by Dr. A.K. Singhal, District TB Officer, Lucknow. He elaborated on the different strategies which are used by the government and health care professionals to eliminate TB in India as a holistic approach. The main focus was on the preventive and control aspect for the TB in India.

**Facilitation:** The facilitation of the speaker was done by the Dr. Radha K, Principal, College of Nursing, SGPGIMS.

***Event glimpse:***



**ESSAY WRITING ON VIKSIT BHARAT@2047**

The initiative aims to provide a platform to the youth of the country for contributing ideas to the vision of Viksit Bharat @2047. PM to address the Vice Chancellors of the Universities and Heads of Institutes in workshops organised at Raj Bhawnas across the country

Prime Minister Shri Narendra Modi will launch 'Viksit Bharat @2047: Voice of Youth' on 11th December, 2023 at 10:30 AM via video conferencing. Prime Minister will also address the Vice Chancellors of the Universities, Heads of Institutes and faculty members in workshops

organised at Raj Bhawnas across the country, which will symbolise the start of the initiative.

Prime Minister's vision is to actively involve the youth of the country in formulation of national plans, priorities and goals of the country. In line with this vision, 'Viksit Bharat @2047: Voice of Youth' initiative will provide a platform to the youth of the country to contribute ideas to the vision of Viksit Bharat @2047. The workshops will be a key step towards initiating the process of engaging youth to share their ideas and suggestions for Viksit Bharat @2047.

Viksit Bharat@2047 is the vision to make India a developed nation by 2047, the 100th year of its independence. The vision encompasses various aspects of development, including economic growth, social progress, environmental sustainability, and good governance, among others.

### **Brief Report of the event:**

An essay writing competition on the topic of "viksit Bharat@2047" was diligently carried out among students from the BSc Nursing program, including those in the 1st semester, 2nd year, 4th year, and MSc Nursing 1st year. The aim of the competition was to encourage students to share their views and opinions on the future development and progress of India.

The event saw an enthusiastic participation from the students, who eagerly expressed their thoughts on the concept of viksit Bharat@2047. The essays showcased a wide range of perspectives, ideas, and aspirations for the nation's growth in the coming years. It was

clear that the students possessed a deep sense of patriotism and dedication towards shaping a better future for India.

To facilitate the submission of essays, the students were guided to register on the official government portal, mygov.in. This platform allowed them to submit their opinions and ideas online, making the process efficient and accessible for all participants. By utilizing this modern technology, the event organizers ensured that every student had an equal opportunity to contribute to the competition.

The competition not only served as a platform for expressing individual viewpoints but also provided an avenue for the students to enhance their research and writing skills. They were encouraged to delve into the various aspects of viksit Bharat@2047, exploring its potential impact on different sectors such as healthcare, education, technology, and socio-economic empowerment.

Overall, the essay writing competition successfully engaged and empowered the students to actively participate in shaping the future of their country. The event demonstrated the young minds' earnest desire to make a positive difference and their willingness to contribute to the realization of a developed and prosperous India.

As the competition drew to a close, the organizers expressed their gratitude to all the participants for their valuable contributions. They also appreciated the students' proactive efforts in utilizing the mygov.in platform to share their opinions. The event concluded on a high note, emphasizing the importance of unity, resilience, and collective efforts in building a viksit Bharat@2047.

In conclusion, the essay writing competition proved to be an enlightening and insightful event, leaving a lasting impact on all those involved. It showcased the potential held within the younger generation and their commitment to playing an active role in the nation's progress. With the valuable opinions and ideas shared, it is hopeful that Viksit Bharat@2047 will be shaped by the voices of these passionate students, paving the way for a brighter future for all.

### *Glimpses*



### **FRESHER PARTY OF B.SC. NURSING BATCH 2023-24**

#### The objective of a Fresher's Party -

- Welcome new students in a friendly atmosphere
- Encourage their creative impulses to boost their confidence
- Make freshers comfortable with the college environment
- Make the first day of their college life long memorable

Fresher's week is a welcome period for new students starting at their universities. It's a great chance to make new friends, get familiar with your new town and explore the campus.

Freshers are a terrific way to have fun and let off steam during your first few weeks of college. It's a way to get out and meet new people. It's a method of stepping outside of your comfort zone.

#### **Brief Report of the event:**

The Fresher party commences with the ceremonial lighting of the lamp, by Saraswati Vandana. Principal Dr. Radha K, along with the esteemed teaching faculty of the college,

gracefully ignite the symbolic light, officially inaugurating the program promptly at 11 am.

The responsibility of hosting the event and ensuring all necessary arrangements have been taken care of falls upon the diligent BSc Nursing 3rd semester students.

The proceedings commence with a formal introduction of the freshers, followed by a refined ramp walk, in which all participants display their enthusiasm. Several freshers astound the audience with their exceptional talents. Additionally, the 3rd semester students beautifully showcase their synchronized group dance.

The title of "Mr. Fresher" is bestowed upon Mr. Mohammad Ubaid, while Mr. Runner-up Kunal and Saurabh are recognized as prominent contenders. Similarly, Miss Paridhi Pandey rightfully holds the title of "Miss Fresher."

To further foster a welcoming environment, the 3rd-semester students distribute thoughtful gifts to fresher and offer the convenience of a box. The presence of Principal Ma'am and the esteemed teaching faculty serves as source of motivation and for the freshers to strive for excellence.

### *Event glimpse*



## **STUDENT NURSES ASSOCIATION OF INDIA'S 30<sup>TH</sup> BIENNIAL CONFERENCE 2023**

### **A brief report of the event:**

As nursing students and as humans too, we all feel the need to learn new things and be updated, and especially with information relevant to the field of nursing. Being equipped with latest information plays a crucial role in the lives of nursing students. The SNAI biennial conference is just what nursing students need in order to be confident and courageous in their academic and clinical aspects.

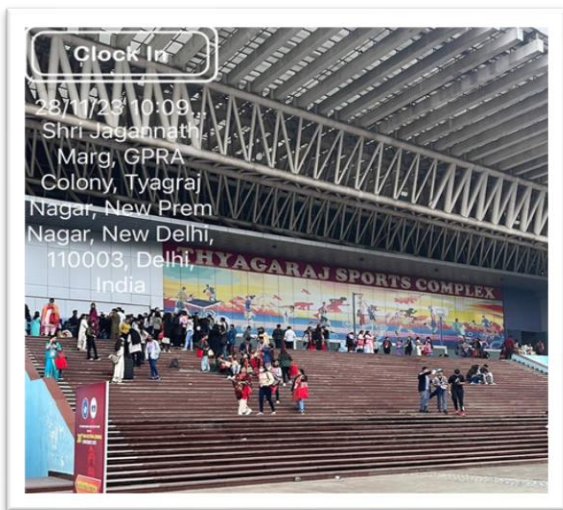
This conference and the events it contain can play a very important role in students' lives. The joint effort of students, teachers and government officials makes this conference an event to remembered.

The conference kicked off with a folk dance preceding the welcome address by **Mrs. Annie Kumar**, Vice-President of TNAI, north region. Following this **Mrs. Evelyn P Kannan**, the secretary-general of TNAI, proceeded the event further by handing out welcoming tokens to each of the guests present on the stage. One of the most important and interesting highlights of the day

was the address of **Dr. T Dileep Kumar**, the President of Indian Nursing Council. The whole sports complex was listening to him with utmost attention and enthusiasm. His words were as inspiring as a rainbow in a stormy sky.

The next person to grace the stage with his inspiring and vivacious personality was **Mr. Vinod K Paul**. A prestigious and significant member of the NITI Ayog. He enlightened the audience with his valuable words. It was a sight to see how the audience and everybody on the stage was listening to him with utmost attention and respect. The next thing that followed was the state-wise parade and the audience and the dignitaries welcomed each state with full Vigor and passion. Students from our state were accompanied by our most loving **Mrs. Bhumika Singh** ma'am, Secretary TNAI, UP state branch, and none other than our own **Mrs. Mary J Malik** ma'am, President, TNAI UP state branch. It was a moment filled with pride, joy and cavalier representing our state amidst such great dignitaries from all over the country and amidst such a huge audience.

### *Glimpses*



## RESEARCH POSTER PRESENTATION



Physical And Psychological Impact on Staff Nurses During COVID-19 Duties at Rajdhani Corona Hospital, SGPGIMS, Lucknow, Up, India



Knowledge and practice regarding breast cancer and breast self-examination (BSE) in woman of rural areas, north India A cross sectional questionnaires-based



An Effectiveness Training Programme on Covid-19 Among Health Care Students, Cross Sectional Study



## POSTER MAKING COMPETITION

